



Recruit Review

Volume 2, Issue 4

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Accountability
Integrity
Respect
Teamwork
Professionalism

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Recruits In Action!



Recruit Walters using his time management skills as he studies during breaks at the National Guard Train-Up.

Recruits McCormick and Henning show Recruit Schilling how to effectively use CPI when he begins to use violence at the Train-Up.



Recruit McFarlane steps up to the plate during the Police Corps vs. National Guard softball game. The Police Corps won the game 15-5.

Boxing 101

By Cherise McFarlane



Recruits learning the technique of throwing a punch (above) and Recruit Spence puts his technique to the test (below) as he faces off with Officer Arras.



Tuesday evening, July 9th, 2002, our class began the initial instruction of American Boxing. Officer Arras of the Wisconsin State Patrol, who has been involved and interested in the sport since he was 17 years old, instructed us. We started the instruction in the classroom learning how to properly wrap our hands to protect them. Once we were comfortable with the wraps, we headed outside for a warm up run. With Officer Arras' Marine Corps past, he led our class in cadence as we ran in formation, which truly motivated us.



Officer Arras demonstrates proper technique with Sergeant Hefti

After the run we came together to start learning the basic techniques to build our foundation for boxing. We started the training with single step-jabs as we shadowboxed. We moved on and put our gloves on so we could hit the pads. After doing some jab drills, we incorporated the punch. We hit this

combination while holding the pads for each other so we could learn from each other's techniques. To finish up the night, we stepped into the squared circle with Officer Arras holding the pads and moving around the ring for us.

We all worked up a sweat and realized how intense boxing can be. Boxing is an involved and dedicated sport that takes a lot of skill to master. In the following sessions we will learn more positions and techniques to improve our boxing ability. We all saw new sides of each other as we cheered our teammates on. Boxing is a one-on-one sport but we learned the importance of support from outside the ring.

Gang Investigations and Prosecutions

By: Shawn Powell

Bloods, Crips, Vice Lords, Outlaws. These are all different types of gangs that Investigator Marion Byerson of the La Crosse Police Department used in his presentation on the composition of a gang and gang investigations. During this block of instruction we, along with the National Guard team leaders, were taught many useful topics, to include: what is a gang, who are gang members,



Some items that were used as evidence for convictions of gang members and weapons that were used in gang related crimes are displayed, ranging from photo albums to plastic toy guns that were converted into fully functioning weapons.

how to identify gangs and their members, types of gangs, risks of being in a gang, why people join gangs and criminal gang activity. On top of this, the recruits received insight on how an officer can build rapport and enforce the law with gang members. Through the proper training, relationship, commitment, techniques, and following through on promises; an officer can be safe and successful on the streets when coming in contact with gangs and their members.

National Guard Train-Up

By: Jeremy Geiszler

A large part of week four was spent with the National Guard Cadre to train-up for the upcoming class of cadets entering the National Guard ChallengeNGe Academy (NGCA). The NGCA is a 24-week voluntary academy for at-risk youths that is run with a mission of developing the strength of character and the life-skills necessary to become successful, responsible citizens. As Police Corps recruits, we will have the privilege of assisting the Cadre in the areas of physical training and tutoring.

In order to get ready for the upcoming class of cadets, we were all required to test out in the areas of leading physical training and marching. The Cadre made us do this so that they can be sure we will be able to teach the incoming cadets the proper ways to get into formation and run them through physical training.

Another important part of the train-up was when we went through crisis prevention training. This block



Recruits look on as the Cadre instructs on how to handle potentially violent encounters with ChallengeNGe Program cadets.



Police Corps recruits and National Guard Team Leaders took part together in the days of Train-Up.

of instruction taught us the proper way to intervene in potentially dangerous situations that could lead to violence. The crisis prevention training taught us how to possibly prevent this type of situation from happening and how to properly react in a non-violent way if a confrontation should occur.

We are all excited to get the opportunity to work with these kids and we are all aware that we have the ability to help them change their lives. However, as future law enforcement officers, we are also aware that we will be able to learn a lot of valuable things from the cadets, themselves.



10-87 Time!

By: Ryan Meader

Proper radio communication is an essential part of police work. It is important for an officer to be able to properly communicate over the radio to the dispatcher. This is to ensure proper message delivery and reception by officers and dispatch. Correctly using the Official Ten Signals (10 Codes) will help to keep the communication professional and the channel clear for other officer's use. Memorizing the 10 Codes has turned out to be a long and frustrating battle for many recruits. In order for us to become more proficient with the use of the 10 codes Sergeant DeFrang was our host for a friendly game of 10 Code Mania. The class split into squads and gained points by correctly identifying a 10 code either by its number or its description. Squad 1 took the competition by winning the



Recruit Meader stops a suspicious vehicle, unfortunately driven by Recruit Ellestad. Luckily for Ellestad, Meader let her off with only a warning.

“Double Daily Double.” After this exciting game of 10 Code Mania we went outside and practiced talking to dispatch using the proper methods of communication for a 10-27(Drivers license information) and a 10-28(Vehicle registration information.) This scenario consisted of one recruit being an officer and another being a subject which was just pulled over. We used our personal vehicles along with the squad cars to give the scenario a more realistic effect. Officers used the phonetic alphabet to spell names and 10 codes to relay our location and other pertinent information to the dispatcher. The dispatcher would reply to us with a verification of the information along with vital information about the subject by using 10 codes in return. Overall the scenario was exciting for us to be able to start applying our Verbal Judo skills in conjunction with the night's newly learned radio skills.

Week In Review

By: Jeff Brann

This week had a varied selection of classes ranging from traffic stops to boxing. The majority of the time was dedicated to the National Guard Train-Up, which will prepare us for our involvement with the Chal-leNGe Academy. The Train-Up took place from 8:00 am until 5:00 pm on Monday, Tuesday, and Thursday. During this time, we were informed about the procedures and goals of the academy and what types of problems that we need to be prepared for. We will need to be ready to use this information once the Chal-leNGe Program begins on Thursday, July 18.

On Tuesday evening, we had our first lesson on the basics of boxing. We started out learning the basic fighting stances, which held a great resemblance to the stances that we learned in

the DAAT program. Boxing will add another tool to our arsenal that we will be able to use, should the situation ever call for it once we get on the streets.

Wednesday brought us to our Gang class, which we shared with the team leaders of the Chal-leNGe Academy. We received a lot of information in the one day class, but all of it will be pertinent once we move into our new communities.

We had our first encounter with the use of radio communications on Wednesday evening. Sergeant De Frang introduced us to the proper procedures for communication between officer and dispatch. This was also our first attempt to put our 10 codes to work when we had our traffic stop scenarios.

Thursday evening extended our DAAT related classes when we began our training in the martial arts. Once again, our stances were quite

similar to that which we used in DAAT and boxing, but the overall mentality was totally different. Instead of warming up by getting into an excited state and anxious to release some of that energy, we began the class by stretching and meditating. Throughout the class, we were able to incorporate strikes from both DAAT and boxing, as well as the verbal stuns that we used in DAAT.

Next week we will be returning to traffic law, which will be from 12:30–10:00 p.m. on Sunday. DAAT and Firearms training also continues Monday through Wednesday, with Firearms from 12:30–5:00 p.m., and DAAT from 6:00–10:00 p.m., with an extra night on Thursday. Our morning classes will be Report Writing, “At Risk Youth,” Natural Disasters, Chal-leNGe Academy, and a day of team-building where we will be learning how to repel.